

COMPLETE

BY *Juice* PLUS+

CHOCOLATE BAR +

Meal Replacement for Weight Control.

Ingredients:

Soy crisps (isolated **soy** protein, tapioca starch), rice syrup, chocolate (9.1%) (sugar, cocoa mass, cocoa butter, emulsifier (**soy** lecithin)), fructooligosaccharides, **soy** granules, chocolate chips (5.5%) (sugar, cocoa mass, cocoa butter, emulsifier (**soy** lecithin), vanilla flavouring), raisins, flaxseed, sweetened cranberries pieces (cranberries, sugar), isolated **soy** protein, acerola cherry powder, pomegranate powder, pumpkin powder, sweetened cherries pieces (cherries, apple juice concentrate), amaranth, millet, quinoa, broccoli sprout, alfalfa sprout, radish sprout, pea protein, cocoa powder (fat-reduced) (1.1%), vitamin A, vitamin D, vitamin E, niacin, thiamin, riboflavin, vitamin B₆, vitamin B₁₂, folic acid, biotin, pantothenic acid, vitamin K, potassium, calcium, iron, zinc, iodine, copper, magnesium, manganese, selenium, flavourings, sunflower oil, salt, acid (citric acid), vitamin C.

May contain traces of milk, peanuts, nuts and sesame seeds.

This Chocolate Bar is gluten-free.

Made in the Netherlands for:

The Juice Plus+ Company Europe GmbH
CH-4052 Basel, Switzerland

The Juice Plus+ Company GmbH
D-79576 Weil a. Rhein, Germany
The Juice Plus+ Company Ltd. London,
W6 9RU, UK

1650 g

30 bars x 55g e

SKU 220411050

C-0517GBIE.2659

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Nutrition information	Per 100g	Per bar	%RI ^a
Energy	1548kJ 369kcal	852kJ 203kcal	
Fat	12g	6.6g	
of which saturates	4.0g	2.2g	
Carbohydrate	34g	19g	
of which sugars	23g	13g	
Fibre	13g	7.2g	
Protein	25g	14g	
Salt	0.85g	0.46g	
Vitamin A	501µg	275µg	34
Vitamin D	2.7µg	1.5µg	30
Vitamin E	7.5mg	4.1mg	34
Vitamin K	46µg	25µg	33
Vitamin C	55mg	30mg	38
Thiamine	0.78mg	0.43mg	39
Riboflavin	1.1mg	0.62mg	44
Niacin	12mg	6.8mg	43
Vitamin B ₆	1.1mg	0.60mg	43
Folic acid	164µg	90µg	45
Vitamin B ₁₂	1.7µg	0.91µg	36
Biotin	31µg	17µg	34
Pantothenic acid	4.5mg	2.5mg	42
Potassium	1022mg	562mg	28
Calcium	484mg	266mg	33
Phosphorus	675mg	371mg	53
Magnesium	229mg	126mg	34
Iron	10mg	5.7mg	41
Zinc	6.0mg	3.3mg	33
Copper	0.65mg	0.36mg	36
Manganese	1.2mg	0.64mg	32
Selenium	33µg	18µg	33
Iodine	90.9µg	50.0µg	33

^a RI = Reference Intake

It's Your Life. Make It Complete.

Recommended intake:

Do not replace more than 2 meals per day with Complete.

Please note:

Complete provides the nutritional elements of a whole meal, delivering a balanced mix of carbohydrates, protein and fat, and also contains a useful amount of fibre and micronutrients such as vitamins and minerals. The vegetable proteins have a high biological value.

Complete should be used as part of a calorie controlled diet. Other foods should be included in this diet. It is important to drink enough water when you use Complete. This product is not a replacement for a balanced, varied diet and a healthy lifestyle.

This product is subject to continuous laboratory control.
Bars not to be sold separately.

Store in a dry place at 15-22°C.
Best before end and lot number: see base.

www.juiceplus.com